

# Silvana Barbosa

Gilman Program Alumni Ambassador  
Thailand, 2018



***“The Gilman Program helped me affirm my passion for public health and recognize the importance of investing in the environments in which people grow, work, live, and play.”***

Silvana studied abroad as a Gilman Scholar in spring 2018 in Thailand. She intentionally selected a program that would allow her to experience and immerse in a culture that is different from her own because she believes it is critical to engage in experiences where we not only learn about our differences as human beings but also embrace them.

While abroad, Silvana lived with a Thai roommate and completed a Thai language course that allowed her to communicate with locals. She also completed field research on local health promotion efforts and participated in numerous site visits to learn about Thailand's universal health care system. Upon completion of the program, Silvana had acquired job-related skills, and her knowledge regarding community public health grew exponentially.

The Gilman Program helped Silvana affirm her passion for public health and recognize the importance of investing in the environments in which people grow, work, live, and play. The program she participated in was focused on community public health and included taking classes, conducting site visits to various medical facilities, and participating in a semester-long health promotion project. At the end of Silvana's program, she has affirmed her interest in public health and is dedicated to finding ways to improving and maximizing the health and quality of life for all persons.

- Earned a Bachelor of Science in Health Policy and Management from Providence College
- Works as a Grassroots Program Administrator for the American Society of Anesthesiologists
- Pursuing a Master of Public Health degree at the George Washington University

