



Rebecca Lawson

Gilman International Scholarship Alumni
Ambassador
Russia, 2019

“I stepped out of my comfort zone and it changed me for the better.”

While abroad, Rebecca studied Russian language and culture. She lived with a host family and interacted with Russian peers. She also participated in weekly discussions with other Russian students about Russian language, culture and social issues. In her free time, Rebecca explored Moscow, tasted local cuisine and spent time with new friends.

Rebecca’s time abroad allowed her to focus not only on learning Russian but also on interests outside of Russian. These experiences solidified her passion for helping others, and she will be pursuing a master’s in genetic counseling after graduation.

- ★ Double majors in neuroscience and Russian at the University of Iowa
- ★ Plans to pursue a master’s in genetic counseling
- ★ Volunteers at a crisis center
- ★ Visited a local school in Moscow to observe teaching practices
- ★ Increased passion to help others while abroad

 Gilman Scholarship[★]

