Adaure Nosiri
Gilman International Scholarship Alumni
Ambassador
Ghana, 2018

“The Ghana service-learning program opened my eyes to critical needs concerning nutritional literacy and resources, both nationally and internationally.”

Adaure credits her Gilman Scholarship experience in Ghana with strengthening her desire to pursue a career in dietetics to help children lead healthy lives. She had the unique experience to visit Princess Marie Louise Children’s Hospital in Accra, the very place that kwashiorkor, a severe protein deficiency, was discovered by Cicely Williams in 1931. She learned how to make milk for children using resources from the World Health Organization and assessed the progress of previously discharged children. Adaure noted that although the hospital did not have advanced technology and needed renovations, the dietitians were some of the most hardworking people she had ever met. Their dedication inspired her.

Adaure now works as a nutritionist for the Georgia Department of Public Health.

- Studied dietetics at the University of Georgia
- Shadowed dietitians in notable medical facilities and assisted in malnutrition wards
- Aided in construction of seven mobile clinic sites in Accra, Ghana, conducting intake, measurements, and nutrition counseling for 1,500 citizens